



girl scouts
of southern alabama

Virtual Spring Camp

APRIL 20-23

Hello Campers!

We hope you find that these activities are interesting, challenging, and will be something to talk about with your friends or family. We're going to try cool experiments, check out the great outdoors, and use our resources wisely.

Virtual Spring Camp goes a little like this: Each day campers will participate in various "camp" activities designed to earn badges and keep them active during the extended school break. We will post camp activities on our social media that the girls can do at home using supplies that may be readily available to them. We encourage you to share your virtual spring camp experience and activities on social media with the hashtag #gsoutdoors. At the end of camp, girls will be eligible to order a Virtual Spring Camp patch. All activities can be scaled up or down to accommodate younger and older girls.

Who's ready? Let's do this!

WWW.GIRLSCOUTSSA.ORG

Virtual Spring Camp

DAY 4

ROLL CALL

Let us know you will be participating today! You can comment or send in a picture of your Girl Scout ready for her camp day. It will be exciting to know who your fellow campers are, but not required to participate. Tag us on social media and #GSOutdoors.

CAMP KAPERS

Start your day off right by getting up and making your bed. Don't leave your campsite a mess, so be sure to do a little cleaning. Maybe you can sort through some of your stuff and find a few things you don't need any more. Talk to your parents about some things you can do around the house. If your school sent home a schoolwork packet, be sure you work on that. (Daisy- Responsible for what I say and do, Brownie-My Great Day)

SPORTS FIELD

Time to try out a new sport or practice your favorite. Get your family or friends together and have a ball game or maybe play some disc golf. No frisbee? No problem! Try to find something creative you can use instead like a paper plate. Try changing the whole game to something you can play at home with what you have. Also, remember to be "Honest and Fair" when playing a game with other people. (Daisy- Honest and Fair Petal, Brownie-Fair Play, Junior- Practice with a Purpose, Cadette-Field Day)
Here's a [video](#) on the basics of disc golf.

CANTEEN

With your parent's permission, watch a show on the food network. What type of food did they cook? Use a recipe book to find a simple, healthy snack or lunch you can make for you and your family. (Brownie-Snacks, Junior-Simple Meals, Cadettes-Eating for You)

OUTDOOR SKILL

Time to learn some Leave No Trace Skills. Play a Leave No Trace Game. Check out [this website](#) to learn more about Leave No Trace Games and find out how long it takes for trash to decompose. (Daisy- Make the World a Better Place)



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