



Multi-Level Meeting Guide

Girl Scout Ways/Daisy Promise Center

Girl Scout ways can be done in one meeting or broken up into two. While working on these badges, your troop will try some Girl Scout traditions, learn some Girl Scout history, and have some Girl Scout fun.

Activity 1 Sing Everywhere.

Girl Scout songs can help create memories with your troop that will last a lifetime and your girls will pass these songs down to their children for generations. Learn a few of these traditional Girl Scout songs with your troop.

Call and repeat songs are great for learning with younger girls!



Great Big Moose



Princess Pat



Once girls are comfortable with hand movements, try learning “Make New Friends” in American Sign Language

For more fun, check out this campfire song book from Girl Scouts Heart of the South

Activity 2 The Girl Scout Promise Game.

Practice saying the Girl Scout promise. Print the Girl Scout Promise on a large sheet of poster board. Cut the words apart so that each girl will get a word or phrase. Distribute the pieces and tell the girls to arrange themselves in the correct order. Then repeat the Girl Scout Promise.

Girl Scout Promise

On my honor, I will try:
To serve God* and my country,
To help people at all times,
And to live by the Girl Scout Law.

**Members may substitute for the word God in accordance with their own spiritual beliefs.*

Activity 3 Share sisterhood.

Save memories of what you do and say by creating a time capsule. A time capsule is a container filled with small but meaningful mementos. Time capsules are keepsakes that remind you of everyday life, especially “little things” that are easily forgotten. Your time capsule can be based on good deeds, thoughts, or the exciting moments you will create this summer.

To create your time capsule, you will need the following materials:

- Recycled jar, oatmeal container, or any box with a lid
- Retrieval Date (a time when the capsule will be open)
- Location (place to store your time capsule)
- Items to decorate your time capsule (Optional)
- Items to place inside your time capsule, choose several of the following:
 - Items found on walks: rocks, leaves, flowers (remember to dry and press first)
 - Family photos or a special drawing of your family
 - A letter of promises to yourself
 - Your favorite Girl Scouts SWAP or item
 - A drawing or image of your handprints
 - Other trinkets or items that you want to remember

Once your container is filled, seal it and hide it away for a month, year, or however long you desire but don't forget!



Activity 4

Girl Scout Traditions: SWAPS

Celebrate your Girl Scout Sisterhood by making SWAPS. What are SWAPS you say? It stands for **Special Whatchamacallit Affectionately Pinned Somewhere**. It's a small hand-made craft that you can trade with another Girl Scout to remember them by.

Materials Needed:

Foam in light brown and dark brown
paper or cardboard would also work

Cotton Balls

Black Markers

Scissors

Glue

Safety Pins

1. Cut out 2 squares of light brown foam and one square of dark brown foam.
These will be your graham crackers and chocolate.
2. Add lines and dots to the light brown to make them look like graham crackers.
3. Glue the dark brown foam square to the inside of one graham cracker.
4. Glue the marshmallow (cotton ball) on top of the chocolate.
5. Glue the second graham cracker on top.
6. Add your safety pin and you're finished!

*Check out this video for a tutorial on how to
make s'more SWAPS!*



Activity 5

Engage your Girl Scout brain.

Try out Kim's Game. Kim's Game is an observation and memory game played by Boy Scouts, Girl Scouts and Girl Guides. The name is derived from Rudyard Kipling's 1901 novel Kim, in which the hero, Kim, plays the game during his training as a spy. The training involved showing Kim a tray of stones and gems for one minute. After covering the tray, they would ask Kim how many stones he saw and what kind of stones they were. Rudyard Kipling was a good friend of both Robert Baden-Powell, founder of the Boy Scouts and Girl Guides, and Juliette Low, founder of the Girl Scouts (USA.)

Directions: As you tell the story below, you will need the items in bold (or something similar) to hold up for the girls to see. You can use actual items or use the pictures. At the end of the story, lay all the items out on the table, or tape them on a wall or board and give the girls one minute to try to remember as many items as they can. Have the girls cover their eyes as you remove one item, let them open their eyes and see if the girls can identify which item you removed and what it stands for.

LEADER: Juliette Gordon Low was the founder of Girl Scouting in the United States. I'd like to tell you a little about her life:

- ◆ Juliette Gordon was born in Savannah, Georgia, on October 31, 1860 – Halloween! (toy or small pumpkin jack-o-lantern)
- ◆ When her uncle saw baby Juliette, he said, "I bet she's going to be a daisy!" and the nickname stuck with her the rest of her life. (artificial daisy)
- ◆ Daisy loved to play outdoors, to run and swim and climb trees. And she always loved animals, especially dogs and horses. (toy horse or dog)
- ◆ She also loved to make up plays and to draw and paint pictures. (water color paint brushes markers, or crayons)
- ◆ After Daisy finished school, she traveled in Europe, where she met an Englishman named Willy Low. Daisy and Willy got married in Savannah in 1886. (wedding rings or bell)
- ◆ Some of the rice thrown at their wedding became lodged in Daisy's ear. It got infected and Daisy lost her hearing in that ear. Daisy had lost the hearing in her other ear as a teenager, and now she was almost totally deaf. (bag of rice)
- ◆ Daisy and Willie lived in England and Scotland for many years. After Willie died, Daisy traveled to other countries, taking her nieces and nephews and their friends with her. (sail boat or cruise ship)
- ◆ But Daisy wanted to do more with her life. Back in England, Daisy met Lord Baden-Powell and his sister, Agnes. They told her about the Boy Scouts and Girl Guides they had started.(old book labeled Scouting)
- ◆ Daisy wanted the girls in the United States to have the fun of being Guides too, so she returned to Savannah and made a famous phone call to a friend: "Come right over! I've got something for the girls of Savannah and all America, and we're going to start it tonight." (telephone.)
- ◆ On March 12, 1912, Juliette Gordon Low started the first American Girl Scout group with 18 girls. Today there are 2.5 million American Girl Scouts, and we celebrate March 12 as Girl Scout Birthday. (calendar with March 12 circled or Happy Birthday, Girl Scouts sign)
- ◆ It took a lot of money to get the Girl Scouts started, so Daisy sold the pearl necklace Willy had given to her as a wedding present. (pearls)
- ◆ The first American Girl Scout handbook showed girls how to tie up a burglar using 8 inches of rope! (small piece of rope)
- ◆ Daisy once said that Girl Scouting and Guiding could be the golden thread that linked the girls of the world together. (gold thread or ribbon)



