



Junior Meeting Guide



Girl Scout Ways

Girl Scout ways can be done in one meeting or broken up into two. While working on this badge, your troop will try some Girl Scout traditions, learn some Girl Scout history, and have some Girl Scout fun.

Activity 1

Find some lift-your-spirits songs.



Have girls flip thru this song book from GS Heart of the South and each choose a song for the troop to learn. Find a song that will be fun at a campfire, during a hike, or to keep younger Girl Scouts entertained during a rainstorm.

Activity 2

Share sisterhood.

Save memories of what you do and say by creating a time capsule. A time capsule is a container filled with small but meaningful mementos. Time capsules are keepsakes that remind you of everyday life, especially “little things” that are easily forgotten. Your time capsule can be based on good deeds, thoughts, or the exciting moments you will create this summer.

To create your time capsule, you will need the following materials:

- Recycled jar, oatmeal container, or any box with a lid
- Retrieval Date (a time when the capsule will be open)
- Location (place to store your time capsule)
- Items to decorate your time capsule (Optional)
- Items to place inside your time capsule, choose several of the following:
 - Items found on walks: rocks, leaves, flowers (remember to dry and press first)
 - Family photos or a special drawing of your family
 - A letter of promises to yourself
 - Your favorite Girl Scouts SWAP or item
 - A drawing or image of your handprints
 - Other trinkets or items that you want to remember

Once your container is filled, seal it and hide it away for a month, year, or however long you desire but don't forget!

Activity 3

Leave a place better than you found it.

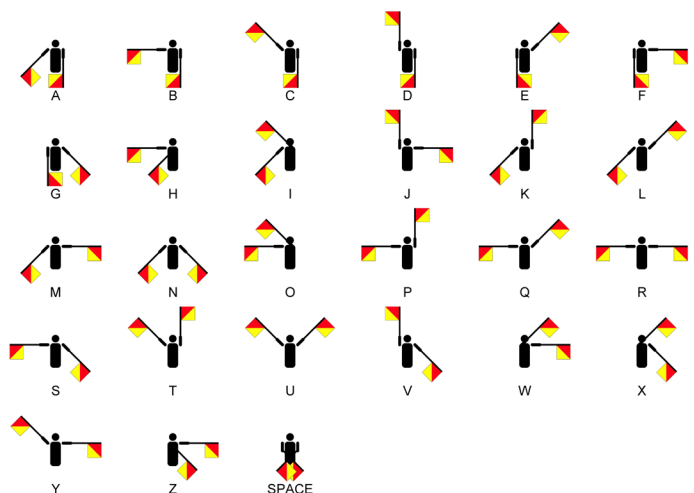
Girl Scouts always leave a place better than they found it. Start with your meeting place. Work with the girls on making a Kaper Chart. A “kaper chart” is a Girl Scout tradition for dividing up troop responsibilities. A kaper is a job or chore that must be done. A kaper chart indicates all the jobs available and who is responsible for each one. Scan the QR code to download more information about kapers from Girl Scouts South Carolina Mountains to Midlands.

Activity 4

Celebrate Girl Scout Founders Day.



Imagine what it would be like to be in Juliette Gordon Low's first Girl Scout troop in 1912! Some of the badges available in the beginning of the Girl Scout movement were difficult to earn. Girls can attempt to earn part of the Signaling badge. Check out the video about badges of the past and then have girls try their hand at semaphore. Printable semaphore flags attached.



Activity 5

Engage your Girl Scout brain.

Try out Kim's Game. Kim's Game is an observation and memory game played by Boy Scouts, Girl Scouts and Girl Guides. The name is derived from Rudyard Kipling's 1901 novel Kim, in which the hero, Kim, plays the game during his training as a spy. The training involved showing Kim a tray of stones and gems for one minute. After covering the tray, they would ask Kim how many stones he saw and what kind of stones they were. Rudyard Kipling was a good friend of both Robert Baden-Powell, founder of the Boy Scouts and Girl Guides, and Juliette Low, founder of the Girl Scouts (USA.)

Directions: As you tell the story below, you will need the items in bold (or something similar) to hold up for the girls to see. You can use actual items or use the pictures. At the end of the story, lay all the items out on the table, or tape them on a wall or board and give the girls one minute to try to remember as many items as they can. Have the girls cover their eyes as you remove one item, let them open their eyes and see if the girls can identify which item you removed and what it stands for.

LEADER: Juliette Gordon Low was the founder of Girl Scouting in the United States. I'd like to tell you a little about her life:

- ◆ Juliette Gordon was born in Savannah, Georgia, on October 31, 1860 – Halloween! (toy or small pumpkin jack-o-lantern)
- ◆ When her uncle saw baby Juliette, he said, "I bet she's going to be a daisy!" and the nickname stuck with her the rest of her life. (artificial daisy)
- ◆ Daisy loved to play outdoors, to run and swim and climb trees. And she always loved animals, especially dogs and horses. (toy horse or dog)
- ◆ She also loved to make up plays and to draw and paint pictures. (water color paint brushes markers, or crayons)
- ◆ After Daisy finished school, she traveled in Europe, where she met an Englishman named Willy Low. Daisy and Willy got married in Savannah in 1886. (wedding rings or bell)
- ◆ Some of the rice thrown at their wedding became lodged in Daisy's ear. It got infected and Daisy lost her hearing in that ear. Daisy had lost the hearing in her other ear as a teenager, and now she was almost totally deaf. (bag of rice)
- ◆ Daisy and Willie lived in England and Scotland for many years. After Willie died, Daisy traveled to other countries, taking her nieces and nephews and their friends with her. (sail boat or cruise ship)
- ◆ But Daisy wanted to do more with her life. Back in England, Daisy met Lord Baden-Powell and his sister, Agnes. They told her about the Boy Scouts and Girl Guides they had started. (old book labeled Scouting)
- ◆ Daisy wanted the girls in the United States to have the fun of being Guides too, so she returned to Savannah and made a famous phone call to a friend: "Come right over! I've got something for the girls of Savannah and all America, and we're going to start it tonight." (telephone.)
- ◆ On March 12, 1912, Juliette Gordon Low started the first American Girl Scout group with 18 girls. Today there are 2.5 million American Girl Scouts, and we celebrate March 12 as Girl Scout Birthday. (calendar with March 12 circled or Happy Birthday, Girl Scouts sign)
- ◆ It took a lot of money to get the Girl Scouts started, so Daisy sold the pearl necklace Willy had given to her as a wedding present. (pearls)
- ◆ The first American Girl Scout handbook showed girls how to tie up a burglar using 8 inches of rope! (small piece of rope)
- ◆ Daisy once said that Girl Scouting and Guiding could be the golden thread that linked the girls of the world together. (gold thread or ribbon)



