

Get Outdoors Challenge



Checklist for _____ Troop # _____

All Ages		Daisy	Brownie
Go fishing		Fly a kite	Learn about pollinators
Watch the sunset		Go for a walk	Hike ½ mile
Make a tent out of a tarp		Make a mud buddy	Make ice cream in a bag
Attend an outdoor sporting event		Have a picnic	Make a birdfeeder
Recycle		Make a fruit or vegetable campfire	Camp in your living room
Build a fire with an adult		Visit a zoo	Pitch a tent
Visit a nature center		Watch ants	Go on a pony ride
Play in the rain		Sing a song on a walk	Go on a bug hunt
Visit a farm		Make up a game outside	Learn your trail markers
Put your toes in the sand at the beach		Jump rope outside	Measure the rainfall during a storm
Attend a ranger hike/talk		Meet a park ranger	Swim in an outdoor pool
Swim in a creek or lake		Make a leaf rubbing	Watch fireflies at night
Volunteer to take a shelter pet for a walk		Blow bubbles in your yard or a park	Draw and play on a hopscotch court
Learn how to use a compass		Explore your back yard	Watch fireflies at night
Ride on a boat		Hug a tree	Create a letterbox
Learn about a watershed		Draw outside with sidewalk chalk	Play your favorite sport outside
Visit a state park			Build a fort
Visit a national park		Junior	Learn how to identify a bird call
Cook over a fire		Hike 1 mile	Swim in an outdoor pool
Create art inspired by nature		Make an outdoor obstacle course	
Stay overnight a GSSA camp		Tie-dye something	Cadette
Learn about trees that grow in your neighborhood		Go geocaching	Hike 2-3 miles
Paddle a boat		Go horseback riding	Make a flower crown
Build a fort		Make walking tacos	Make a dutch oven dessert
Volunteer to clean up a park		Climb a tree	Learn about archery
Learn about wildlife rehabilitation		Sing songs around a campfire	Go stand up paddleboarding
Play outside with a pet		Walk on a beach	Go backpacking for a night
Sleep in a hammock		Learn about local watersheds	Eat a backpack meal
Earn the naturalist badge for your Girl Scout level		Host a backyard campout for your family	Complete a ropes /challenge course
Plan or complete a scavenger hunt		Take someone on a tour of your favorite outdoor spot	Learn about pocket knife safety
Play an instrument outside		Play in a sprinkler	Beautify a garden
Go fishing		Have a water balloon toss	Take a night hike
Spend 15 minutes watching the clouds		Complete a national Park Service Junior Ranger badge	Spend some time meditating outdoors
Play disc golf		Draw a sidewalk chalk masterpiece	Draw a map of your favorite outdoor space
Go for a walk with your whole family		Write a poem about your favorite outdoor space	Help clean up a trail
Make a s'more over a campfire		Swing on an outdoor swing set	Read a book outdoors
All Ages		Senior	Ambassador

See a waterfall	Hike 3-4 miles	Hike 5-6 miles
Tour a botanical garden	Bike on a trail	Guide a younger troop on a hike
Walk through Alligator Alley	Go on a zip line	Take a wilderness first aid class
Visit a state park	Hike to see a sunrise or sunset	Make a Leave No Trace video
Visit a state park in another state	Become a CIT	Go rock climbing
Play mini-golf	Take photos outside	Explore a cave
Hike a portion of a scenic trail	Go primitive camping	Help clean up a water way
Attend a council outdoors event	Go Kayaking or canoeing	Ride a bike 10 miles
Attend a service unit outdoors event	Learn the stories behind three constellations	Hike a trail with at least 1000' elevation
Complete a Journey activity outside	Play a game outside with younger girls	Take a friend or sibling to a park
Observe wildlife	Go for a walk in a park	Learn to use a camp stove
Plant herbs to keep in your kitchen	Take a nature selfie	Go to an amusement park
Talk to family member about their favorite outdoor memory	Create a journal to track the changes of the seasons	Volunteer at an camp outdoor event
Find out about careers that involve the outdoors	Pick fruits or vegetables from a local farm	Go sailing
Swim in the ocean	Earn one fitness related badge	Become a VIT
Camp at a campground	Volunteer at a Council outdoor event.	Try a new sport.
Learn about spiders		
Ride a skateboard or bike outside		

Complete 35 activities from your age level or older.

Many activities can be completed at the same time. A Brownie can hike half a mile using trail markers and identify birdcalls on her hike. She has then completed three activities at once and can check off all three. See, this is easier than you thought.

Once you've completed your check sheet send in to customercare@girlscoutssa.com and you will be given instructions on how to order your patch.

Deadline to complete the challenge is September 30, 2019.